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(57) Abstract

This invention relates to a ready-to-eat pre-cooked pasta or rice based dish, composed of pre-cooked pasta or rice to which a known or new sauce is added, and which is then pre-portioned and packaged in the preferred form, as single portions and/or fractions of a portion, and which may be reheated by means of any source of heat, such as a gas-ring or electric cooker, traditional or microwave oven, toaster, grill, preserving the original appearance and flavour of the dish.

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READY-TO-EAT PRE-COOKED PASTA OR RICE BASED DISHES

Technical field

This invention relates to a ready-to-eat pre-cooked dish, unlike any produced to date by the food industry, consisting of any kind of pre-cooked pasta or rice to which a known or new sauce is added and which is then pre-portioned and packaged as single portions or as fractions of a single portion, in the preferred shape, which may then be reheated by means of any source of heat, such as for example, a gas ring or electric cooker, traditional or microwave oven, toaster or grill, preserving the original appearance and flavour of the dish.

15 State of the art

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There already are on the market various kinds of ready-made pasta or rice based dishes with added sauces, either deep-frozen or pre-cooked, which the consumer must then reheat or finish to cook in the oven or in boiling water for the required time.

These ready-made dishes are prepared with different kinds of sauces and are generally pre-portioned and packaged as either single or three, four or more

portions.

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Typical examples of ready-to-eat pre-cooked deepfrozen pasta dishes are lasagne and cannelloni, which are sold in single or three, four or more portion trays, and which must be heated in the microwave for the suggested time.

Other examples of ready-made dishes which require

further cooking are freeze-dried pasta and rice based dishes, with added sauces, which must then be cooked in boiling water, or deep-frozen pasta or rice based dishes mixed with a sauce, which require cooking in a frying-pan with either butter or cooking oil and which must be frequently stirred.

The industrial procedures used to date for the

15 preparation of ready-to-eat pre-cooked dishes,
either deep-frozen or freeze-dried, do not produce
dishes which are really quick to prepare and
versatile, in the sense that they may be reheated
by any instrument capable of producing a sufficient

20 amount of heat, since they normally require a
cooker or boiling water and constant attention
while they're being reheated or finished to cook.

It is not possible, in fact, to prepare a deep-

frozen lasagne or cannelloni without a normal or microwave oven, and it is equally impossible to cook a deep-frozen or freeze-dried pasta or rice dish, with an added sauce, without a cooker and a pan of boiling water or a frying-pan.

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Furthermore, these products are not always appetizing to all consumers after cooking or reheating, they may change appearance or shape, assume a "warmed-oven" taste or lose their original consistency or flavour.

Processes for ready-made pre-cooked dishes are described in the Italian patent 1.170.857; other

examples of food production processes are contained

in the patents GB 43996/70, CH 16482/67, CH

15 16735/68, GB 42167/69; none of these, however, contains remedies for the aforementioned shortcomings.

This invention relates to ready-to-eat pre-cooked pasta or rice based dishes, making use of any kind of pasta and to which known or new sauces are added, which are then pre-portioned and packaged either as single and/or fractions of a portion, and which may be reheated by means of any source of

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heat such as, for example, a gas-ring or electric cooker, traditional or microwave oven, toaster or grill, preserving the original appearance and flavour of the dish.

5 Essential technical features

The preferred embodiment of the invention is a cake of pre-cooked pasta or rice, resembling a hamburger in shape and size, which is soft and compact to the touch and inside which one may recognize the

- ingredients, such as, for example, the pasta and the sauce with which it has been flavoured.
 - Following is the production process for obtaining this ready-made pre-cooked dish: the dish is composed of a starchy base, the pasta and/or rice,
- and a liquid base, the sauce, which is made of water, seasoning, flavourings, thickeners, gelatinizing substances, and whatever else is necessary to obtain the required density, viscosity, consistency, smoothness, colour and
- 20 flavour, so that the result is a complete, well-proportioned and good quality dish.

The starchy base is cooked to the point that it may perform its absorbing and binding function and is

then sent to a special machine where the sauce is added. This is a continuous automatic process, constantly kept at a suitable temperature to preserve the quality and chemico-physical characteristics of the products.

Once the right mixture of the starchy and liquid bases has been obtained, whose consistency and viscosity are constantly and automatically checked by the processing system, which also keeps the temperature within a pre-determined range, it is

mechanically sent to an automatic filler, where containers of the preferred material or shape (bag, wrapper or outer covering of any kind) are filled with the mixture, which then goes to the cooler

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where the desired temperature is reached and where the product is kept for the established time.

After the prescribed maturation, at the desired temperature, the product is extracted from the container (or wrapper or outer covering of any kind) and is sent to the portioning machine, where

it is pre-portioned according to the desired shape and weight.

The product thus obtained may be used as it is or

coated with batter and pre-fried or coated with batter and grilled and pre-fried or coated with batter, pre-fried and grilled, it is then packaged, put into cartoons and stored. The prescribed chemico-physical and microbiotic tests are then carried out and if it is found fit for consumption it is sent to the shops.

As previously described, the product may be heated in a traditional or microwave oven, frying-pan,

10 toaster or grill, hot-plate, etc.

The product may be heated in a toaster too because it keeps its shape, so that it is not necessary to put it inside a container to heat it, and it heats up quickly because it is packaged in single

15 portions, or fractions of a portion.

According to another embodiment of the present invention, the ready-to-eat pre-cooked pasta or rice dish, after having been cooked and mixed with the sauce, is coated with a batter to increase its

20 compactness.

According to a further embodiment of the present invention, the ready-to-eat pre-cooked pasta or rice dish is mixed with the sauce, coated with

batter, and then grilled, to improve its appearance.

According to yet another embodiment of the present invention, a gelatinizing substance is added to the sauce, in proportions ranging between 0.1% and 40%, to increase the compactness of the finished product.

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Besides the aforementioned characteristics, a further innovation is represented by the fact that,

- in the case of pasta based dishes, any kind of pasta may be used, even long-cut pasta, such as spaghetti or bucatini, since this does not affect the preparation and portioning of the product. This is an important characteristic because it enables the industry to cater to the preferences and habits
 - of consumers, using a type of pasta which not only perfectly mixes with the sauce, but also helps to control costs since it is cheaper than short-cut pasta, the only type of pasta currently used for
- 20 preparing ready-made pre-cooked dishes.

Preferred embodiment of the invention

In order to better highlight the characteristics of this invention, following is an example of the

preferred embodiment, given by way of example only. The pasta or rice is cooked in salted water, salt being added in the proportion of 0.001% to 7% per litre of water, for the necessary cooking time. Any type of pasta may be used, even fresh and egg pasta.

When the product is cooked it is drained and mixed with the sauce, which is prepared separately, in the proportion of between 100 and 700 grams of sauce per kilogram of pasta.

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Gelatinizing substances may be added to the sauce, in the proportion of between 0.1% and 40%, to increase the product's compactness.

The pasta and sauce are then machine-mixed, to

15 obtain a homogeneous mixture, which is then put

inside a container, for example a tube-shaped bag,

which is filled so as to minimize the amount of air

inside the container.

This container is then cooled at a temperature of 20 between -30° and 40° C, opened and the product extracted.

The product, which has assumed the shape of the container, is pre-portioned as slices of a

predetermined size and weight, packaged and preserved by means of one of the known techniques, such as deep-freezing, or in a controlled and cool atmosphere.

- For consumption, it is sufficient to reheat the product until the desired temperature is reached.

 Obviously, even though the preferred embodiment relates to rice or pasta based dishes, any other product with similar features may also be used,
- 10 such as stuffed pasta, or mixtures of cheese, ham or vegetables.

CLAIMS

- 1. A ready-to-eat pre-cooked pasta or rice based dish wherein the basic ingredient, the pasta, rice or any other suitable product, is cooked for a sufficient amount of time according to 5 the traditional cooking techniques, drained, seasoned and mixed with a sauce; this mixture is then placed inside a container and/or bag, which may be closed at both ends and filled so 10 as to minimize the amount of air contained inside; the container with the product is then subjected, for the necessary time, temperatures of between 40° and -30° C; the container is then opened and the product 15 extracted; the product, which keeps the shape of the container, is then pre-portioned as slices; the slices are packaged and undergo one of the known preservation techniques.
- 2. A ready-to-eat pre-cooked pasta or rice based dish, as claimed in claim 1, wherein the dish may be reheated and prepared for eating by exposing it to any source of heat, such as, for example, a toaster, traditional or

microwave oven, frying-pan, grill, hot-plate, for a sufficient time at the desired temperature.

- 3. A ready-to-eat pre-cooked pasta or rice based
 5 dish, as claimed in claim 1, wherein a
 gelatinizing substance or other thickener
 capable of increasing the product's
 compactness is added to the sauce.
- 4. A ready-to-eat pre-cooked pasta or rice based 10 dish, as claimed in any preceding claim, wherein the product may be coated with batter before being put inside the container.
- A ready-to-eat pre-cooked pasta or rice based dish, as claimed in any preceding claim,
 wherein the product may be grilled before being placed inside the container.
 - 6. A ready-to-eat pre-cooked pasta or rice based dish, as claimed in any preceding claim, wherein long-cut pasta, such as spaghetti or bucatini, etc., may be used instead of the short-cut pasta.

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 A ready-to-eat pre-cooked pasta or rice based dish, as claimed in any preceding claim,

wherein stuffed pasta may also be used.

8. A ready-to-eat pre-cooked pasta or rice based dish, as claimed in any preceding claim, wherein fresh pasta may also be used.

5 9. A ready-to-eat pre-cooked pasta or rice based dish, as claimed in any preceding claim, wherein the pasta or rice may be replaced by other ingredients, either cooked or uncooked, not excluding vegetables.

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INTERNATIONAL SEARCH REPORT

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A. CLASSII IPC 6	FICATION OF SUBJECT MATTER A23L1/16		
According to	n International Patent Classification (IPC) or to both national classifica	tion and IPC	
B. FIELDS	SEARCHED		
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Documentat	ion searched other than minimum documentation to the extent that so	uch documents are included in	the fields searched .
Electronic d	ata base consulted during the international search (name of data bas	se and, where practical, search	terms used)
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Information on patent family members

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